

PRAYER PORTION

SOUND WAYS

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*There is no **soundness** in my flesh because of thine anger; neither is there any rest in my bones because of my sin. For mine iniquities are gone over my head: as an heavy burden they are too heavy for me. My wounds stink and are corrupt because of my foolishness. I am troubled; I am bowed down greatly; I go mourning all the day long. For my loins are filled with a loathsome disease: and there is no **soundness** in my flesh...for I will declare mine iniquity; I will be sorry for my sin. Psalm 38:3-7, 18*

*I know, O LORD, that thy judgments are right, and that thou in faithfulness hast afflicted me...Let my heart be **sound** in thy statutes; that I be not ashamed. Psalm 119:75, 80*

*For the LORD giveth wisdom: out of his mouth cometh knowledge and understanding. He layeth up **sound wisdom** for the righteous: he is a buckler to them that walk uprightly. He keepeth the paths of judgment, and preserveth the way of his saints. Proverbs 2:6-8*

*Let not mercy and truth forsake thee: bind them about thy neck; write them upon the table of thine heart: So shalt thou find favour and good understanding in the sight of God and man...My son, let not them depart from thine eyes: keep **sound wisdom** and discretion: so shall they be life unto thy soul, and grace to thy neck. Then shalt thou walk in thy way safely, and thy foot shall not stumble. Proverbs 3:3-4, 21-23*

*I wisdom dwell with prudence, and find out knowledge of witty inventions. The fear of the LORD is to hate evil: pride, and arrogancy, and the evil way, and the froward mouth, do I hate. Counsel is mine, and **sound wisdom**: I am understanding; I have strength. By me kings reign, and princes decree justice. Proverbs 8:12-15*

*He that is slow to wrath is of great understanding: but he that is hasty of spirit exalteth folly. A **sound heart** is the life of the flesh: but envy the rottenness of the bones...Proverbs 14:29-30*

*Ah sinful nation, a people laden with iniquity, a seed of evil-doers, children that are corrupters: they have forsaken the LORD, they have provoked the Holy One of Israel unto anger, they are gone away backward...the whole head is sick, and the whole heart faint. From the sole of the foot even unto the head there is no **soundness** in it; but wounds, and bruises, and putrifying sores: they have not been closed, neither bound up, neither mollified with ointment. Isaiah 1:6*

*Now his elder son was in the field: and as he came and drew nigh to the house, he heard music and dancing. And he called one of the servants, and asked what these things meant. He said unto him, Thy brother is come; and thy father hath killed the fatted calf, because he hath received him safe and **sound**. Luke 15:25-27*

*When Peter saw it, he answered unto the people, Ye men of Israel, why marvel ye at this? Or why look ye so earnestly on us, as though by our own power or holiness we had made this man to walk?...And his name through faith in his name hath made this man strong, whom ye see and know: yea, the faith which is by him hath given him this perfect **soundness** in the presence of you all. Acts 3:16*

*But we know that the law is good, if a man use it lawfully; knowing this, that the law is not made for a righteous man, but for the lawless and disobedient, for the ungodly and for sinners, for unholy and profane, for murderers of fathers and murderers of mothers, for manslayers, for whoremongers, for them that defile themselves with mankind, for menstealers, for liars, for perjured persons, and if there be any other thing that is contrary to **sound doctrine**; according to the glorious gospel of the blessed God, which was committed to my trust. 1 Timothy 1:8-11*

*Stir up the gift of God, which is in thee by the putting on of my hands. For God hath not given us the spirit of fear; but of power, and of love, and of a **sound mind**. 2 Timothy 1:6-7*

*Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine. For the time will come when they will not endure **sound doctrine**; but after their own lusts shall they heap to themselves teachers, having itching ears; and they shall turn away their ears from the truth, and shall be turned unto fables. But watch thou in all things, endure afflictions, do the work of an evangelist, make full proof of thy ministry. 2 Timothy 4:2-5*

*For a bishop must be blameless, as the steward of God; not selfwilled, not soon angry, not given to wine, no striker, not given to filthy lucre; but a lover of hospitality, a lover of good men, sober, just, holy, temperate; Holding fast the faithful word as he hath been taught, that he may be able by **sound doctrine** both to exhort and convince the gainsayers. For there are many unruly and vain talkers and deceivers, specially they of the circumcision: whose mouths must be stopped, who subvert whole houses, teaching things which they ought not, for filthy lucre's sake. One of themselves, even a prophet of their own, said, The Cretians are alway liars, evil beasts, slow bellies. This witness is true. Wherefore rebuke them sharply, that they may be **sound in the faith**; Not giving heed to Jewish fables, and commandments of men, that turn from the truth. Titus 1:7-14*

*But speak thou the things which become **sound doctrine**: that the aged men be sober, grave, temperate, **sound in faith**, in charity, in patience. The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things; that they may teach the young women to be sober, to love their husbands, to love their children, to be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed. Young men likewise exhort to be sober minded. In all things shewing thyself a pattern of good works: in doctrine shewing uncorruptness, gravity, sincerity, **sound speech**, that cannot be condemned; that he that is of the contrary part may be ashamed, having no evil thing to say of you. Exhort servants to be obedient unto their own masters, and to please them well in all things; not answering again; not purloining, but shewing all good fidelity; that they may adorn the **doctrine** of God our Saviour in all things. For the grace of God that bringeth salvation hath appeared to all men, teaching us that, denying ungodliness and worldly lusts, we should live **soberly, righteously, and godly**, in this present world; looking for that blessed hope, and the glorious appearing of the great God and our Saviour Jesus Christ; who gave himself for us, that he might redeem us from all iniquity, and purify unto himself a peculiar people, zealous of good works. These things speak, and exhort, and rebuke with all authority. Let no man despise thee. Titus 2:1-15*

*Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God. For consider him that endured such contradiction of sinners against himself, lest ye be wearied and faint in your minds...wherefore lift up the hands which hang down, and the feeble knees; and make straight paths for your feet, lest that which is lame be turned out of **the way**; but let it rather be healed. Hebrews 12:1-3, 12-13*

*Know ye not that the friendship of the world is enmity with God? Whosoever therefore will be a friend of the world is the enemy of God...A double-minded man is unstable in all his **ways**...God resisteth the proud, but giveth grace unto the humble. Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double-minded. Be afflicted, and mourn, and weep: let your laughter be turned to mourning, and your joy to heaviness. Humble yourselves in the sight of the Lord, and he shall lift you up. James 1:4, 8; 4:6-10*